**每週、每日紀錄趨勢變化圖**

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| **使用時間****使用次數****使用量****使用方式** |  |  |  |  |  |  |  |  |
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| **日期** | **平均** |  |  |  |  |  |  |  |

**每週、每日紀錄趨勢變化圖**

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| **使用時間****使用次數****使用量****使用方式** |  |  |  |  |  |  |  |  |
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| **日期** | **平均** |  |  |  |  |  |  |  |